



## Abhinaya for the Nine Planets

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**ABSTRACT-** Abhinaya for Surya Hasta, Candra Hasta, Angaraka Hasta, Budha Hasta, Brhaspati Hasta, Sukra Hasta, Sani Hasta, Rahu Hasta and Ketu Hasta and show them in odissi dance with the help of Mudras.

**KEYWORD-** Surya(Sun) Hasta, Candra (=Moon) Hasta, Angaraka ( Mars) Hasta, Budha (=Mercury) Hasta, Brhaspati (=Jupiter) Hasta, Sukra (=Venus) Hasta, Sani (=Saturn) Hasta, Rahu (=Dragon's head) Hasta and Ketu (=Dragon's tail) Hasta.

### I. INTRODUCTION

Nava means “Nine” and Graha means “Planet” and hence the navagraha hastas represent the nine planets in the mudras of Indian Classical Dance. According to the Hindu puranas the nine planets are Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn, Pluto and Neptune. Navgraha hasta are important to understand, learn and memorise as astrology was closely linked with Hindu mythology and hence often used in performances, even to the present day.



#### 1.SURYA(SUN) HASTAH

**Amsopakanthe hastabhya-malapadma-kapitthakou |**

**Dhrtou yadi karoheysha divakara karah smrtah ||**

When two hands assume Alapadma and Kapittha hastas near the shoulder then it is considered as Divakar hasta.



#### 2. CANDRA (=MOON) HASTAH

**Alapadmo vamahaste dakshine patakika |  
Nisakara karah prokto bharatagamadarsibhih ||**

If left and right hands assume Alapadma and Pataka hastas respectively experts on N.S. consider it as Nisakara hasta.



#### 3. ANGARAKA ( MARS) HASTAH

**Vame- kare tu suci syanmushti hastastu dakshine  
|  
Dhrtascet natyasastrajnah angarakarah  
smrtah ||**

When left and right hands assume Suci and Mushti hastas respectively experts on N.S. consider it as the hasta for Angaraka (=Mars).



#### 4. BUDHA (=MERCURY) HASTAH

Tiryak vame ca mushtih syaddakshine ca patakika |

**Budha graha karah prokto bharatagamavedibhih ||**

When Mushti hasta is held obliquely by the left hand and the right hand holds Patakahasta it is considered as hasta for the planet Budha (=Mercury).



#### 5. BRHASPATI (=JUPITER) HASTAH

Hastabhyam Sikharam dhrtwa yajnasutrasya darasanam |

**Rshi brahmanahasto-ayam guros capi prakirtitah ||**

When Sikhara hastas in both hands are held as if holding the sacred thread then it is considered as the hasta for Guru (=Brhaspati) this hasta denotes Rshi and Brahmin as well.



#### 6. SUKRA (=VENUS) HASTAH

Vamordhwa-bhage mushtih-syadadhadastaddakshine tatha |

**Sukra graha karah prokto bharatagama vedibhih ||**

When both hands assume Mushti hastas and left hand is raised and the right hand is lowered then it is considered as the hasta for the planet Sukra (=Venus).



#### 7. SANI (=SATURN) HASTAH

Vame karetu sikharah trisulo dakshine kare |

**Sanaiscara karah prokto- bharatagamavedibhih ||**

When left hand assumes Sikhara hasta and right hand assumes Trisula hasta it is considered as the hasta for Sanaiscara (=Saturn).



**8. RAHU (=DRAGON'S HEAD) HASTAH**  
Sarpasirsho vamakare suci syat dakshine kare |  
Rahugraha karah proktah bharatagamakovidaih  
||

When left hand and right hand assume Sarpasirsha hasta and Suci hasta respectively it denotes the planet Rau (=dragon's head).



**9. KETU (=DRAGON'S TAIL) HASTA**

Vame kare- tu suci syat dakshine tu patakika |  
Ketugraha karah prokto natya  
vidyadhipairjanaih ||

When left hand and right hand assume Suci hasta and Pataka hasta respectively it is considered as the hasta for the planet Ketu (=Dragon's tail).

**II. CONCLUSION**

These Surya Hasta, Candra Hasta, Angaraka Hasta, Budha Hasta, Brhaspati Hasta, Sukra Hasta, Sani Hasta, Rahu Hasta and Ketu Hasta can be easily understood by the dance loving audience by depicting them in odissi dance through this odissi dance can be propagated and propagated.

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