



A review on purple tomato used in cancer disease

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Date of Submission: 08-03-2023

Date of Acceptance: 21-03-2023

ABSTRACT

A rich source of different nutrients, secondary metabolite various pigment are found in a different type of fruits and vegetable. Some fruits and vegetable are containing useful nutritional ingredient used in various treatment of diseases. Tomato (*solanum lycopersicum*) is a vegetable commonly used to produce a new varieties of anthocyanin rich fruit. New variety of purple tomato are containing high in nutrition value. The plant secondary metabolite anthocyanins are a class of polyphenols which are useful in various disease. Anthocyanin are generally high rich in purple tomato. Purple tomato are high in antioxidant. Purple tomato possess anticancerous, anti-inflammatory, Neuroprotective, antimicrobial, cardio-protective, high protective effect due to high properties of anthocyanin and antioxidant the regular intake of purple tomato has a effective in certain chronic disease of human like cancer. The uncontrolled growth of cell is known as cancer. Cancer is complex disease. The purple color of tomato is due to presence of anthocyanin pigment. Anthocyanin pigment are responsible for the color red, blue, and purple are vegetable and fruits anthocyanin are color water soluble pigment belonging to the phenolic group. It is traditionally used as natural food colorant. The color and stability pigment are influenced by temperature, light, structure and pH. The tomato antioxidant is high as compared to non-anthocyanin tomatoes. Purple tomatoes is beneficially for human health. Therefore these is review focuses on the used of purple tomato in anticancer disease.

Keywords: purple tomato, anthocyanin, antioxidant

I. INTRODUCTION

Cancer is the second most reason of mortality in the world [1]. In case of male the mostly high percentage of cancer disease arise in the

lungs, prostate, bronches, urinary bladder etc. In case of women breast, rectum, uterine, corpus, lungs and bronches, thyroids glands etc [2]. Cancer arise by a sequence of continues mutation in gene therefore the cell function are change due to mutation. Some chemical of substance like carcinogenic chemical compound that tends to produce lungs cancer in body [3]. The environment also contain chemical compound with carcinogenic properties and effect the cytoplasm and nucleus of cell. It also tends to cause a genetic disorder and gene mutation [4,5]. Due to genetic mutation unhealthy eating, inflammation, work stress, exposure to radiation, intake to toxic substance are found to be cause of cancer. 7% of cancer are comprising the carcinogenic factor like bacteria, viruses and rays radiation [6]. Treatment are also available in on the basis of stage of cancer and severity of cancer disease. the treatment may be therapy like chemotherapy, hormonal therapy, radio therapy, targeted therapy etc. patient have side effect of each treatment without harming new cell to destroyed or inhibit the growth of cancer cell it is the aim to anticancer treatment [7].

PURPLE TOMATO

In across the world the tomato is one of the most important vegetable which is taken after cooking as in raw form [8,9]. Tomato fruits containing mineral, carotenoids, vitamin E, vitamin C, flavonoids, phenolic, dietary fibers and some phytochemical with the beneficial effect on the health of human it is the source of energy [10,11,12]. Tomato fruit become purple due presence of anthocyanin pigment so they are know purple tomato (**Fig.1**). In early past the more awareness and much attention get by purple tomato. The purple tomato as a dietary factor with the multiple beneficial effect on the human being and play safeguarding role due to presence anthocyanin



pigment in tomato. The scientist all over the world are trying to improve the content of anthocyanin in tomato fruit. Purple tomato have high contain of phenolic, rutin, chlorogenic acid, and total flavonoids. As compare to valid tomato the

proportion of beta carotene, alpha carotene, lutein, similarly the content of cartonoids are high in purple tomato. The pigment lycophene are low in purple tomato.



Fig.1: Purple tomatoes

APPROCHES FOR OBTANING THE PURPLE FRUIT

1) TRADITIONAL BREEDING APPROCHES

In the past, by crossing different interfertile wild species with the tomato (*solanumlycopersicum*) they obtained various genetic combination. *Atroviolacea* (*atv*) and *anthocyanin fruit* (*aft*) the homozygous for both the alleles and are the most stable anthocyanin rich fruit [13]. In the interspecific crosses the wild type tomato and convectional tomato species are involved and in some of the cultivated species have allowed in cooperating anthocyanin pigment [14,15,16,17]. In the year 2012 the “indigo rose” the first purple colurtomato variety was produced by the convectional breeding and it is due to release cultivation) (Fig.2).



Fig.2: A purple tomato fruit of variety “Indigo Rose”.

II) TRANSGENIC APPROCHES

In 2008 the first modified tomato was developed by exposure transcription factor *Delila* fruit specific *E8* promoter it wholly produce the fruit *Del/Ros1* purple tomato line [18]. An intense color to the peel and to the flesh of fruit I due to high level of anthocyanin present in the genetically modified purple tomato fruit (Fig.3).

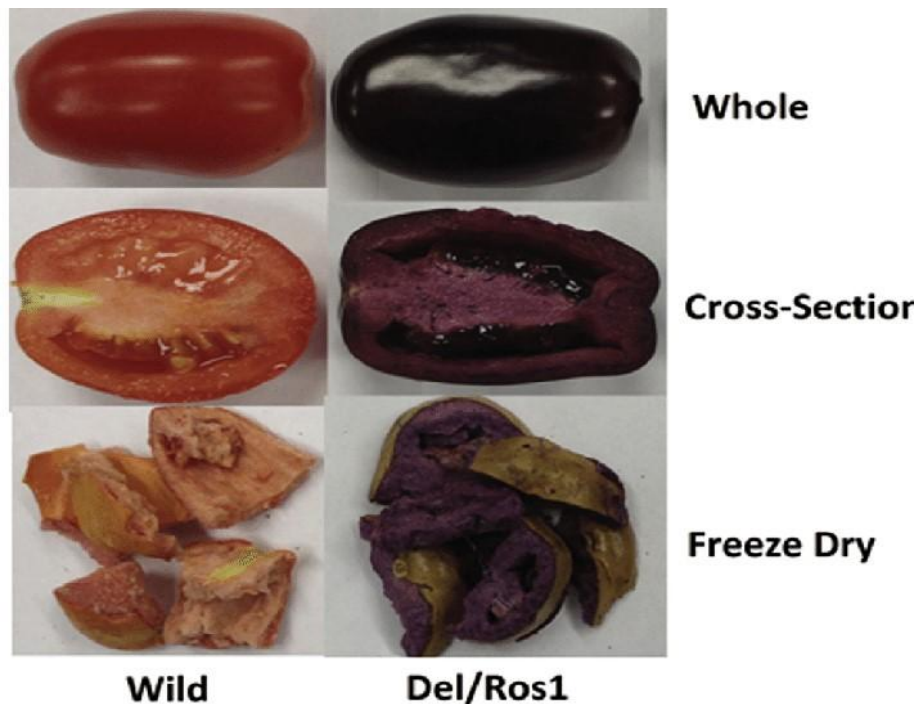


Fig.3: Representative image of whole, cross section and freeze-dry of the transgenic del/ros1 tomato fruit

The biosynthesis of anthocyanins controlled by the expression of genes that exhibited by both the traditionally bred and the modified varieties. Anthocyanin in peel are slow in the traditional breed and in the modified variety are generated in the flesh and peel of tomato fruit. Both of the approach are tends to synthesis the new tomato line of anthocyanin rich fruit.

CHEMICAL CONSTITUENT OF PURPLE TOMATO

D) ANTHOCYANIN

Anthocyanin are pigment obtained from natural are responsible for the wild variety in color like orange to blue in many vegetable, fruits and flower. It play role in plant life for maintain physiology, it use to protect against biotic and abiotic stresses, seed disperser and attraction of pollinators [19]. Plant, flowers and fruits containing anthocyanin pigment like red, purple and blue in color. Anthocyanin appears as a pigment in acidic condition and while in alkaline condition blue pigment. The general molecular structure of is in (Fig.4) anthocyanin are used in flowers red hibiscus, red rose, red pineapple sage, etc. plant anthocyanin found in a high range of uses. Anthocyanin rich plant traditionally used in treatment of different disease [20]. Anthocyanin stability depend on the solution of pH these is due to molecular structure of anthocyanin have an

ionic nature [21]. According to the pH the anthocyanin can assume four molecular structure in the aqueous solution. Generally dark, red and purple fruit or vegetable are rich source of anthocyanin e.g. Cherries, grapes, black beans, red onions, eggplant, purple sweet potato, berries, anthocyanin are taken with diet [22]. Juices, red wine

and yogurt these food beverage also contain anthocyanin which is take in body with human diet [23]. In Japan, a blue tomato are same like indigo tomato the breed are high anthocyanin [24]. The glycosylated derivatives of anthocyanin molecules are anthocyanin. Chemical structure of anthocyanin is based on polymethoxylated aromatic ring formed by C15 skeleton or attached by C3 benzene ring. Arbinose, rutinose, glucose, galactose, rhamnose and xylose are the most common sugars. On a C ring at 3rd or 7th position mono, di, or tri saccharides, aromatic acid and aliphatic group are acetylated by sugar moieties. Pelargonidin, cyanidin, delphinidin, peonidin, petunidin and malvidin the six which is produced by some anthocyanidin or it is substituents groups on structural ring [25]. The most common anthocyanin found in nature is 3-O glucose derivatives. The glycosylating agent is mainly representing in glucose [26,27]. Anthocyanin it give many health benefits like anti-obesity effect, antimicrobial, anti-carcinogenic, anti-



inflammatoriyetc [28]. The beneficial effect of anthocyanin containing fruit are depend on the compound bioavliabilty the extent and the rate to which their metabolite become available in the body at site of action. The crucial role in the digestion posses in these case many study carried out [29]. The anthocyanin are enter into the systemic circulation in minute and absorbed from the stomach rapidly. They fact decline after reaching to the maximum concentration after the few hours [30]. The concentration of anthocyanin are note same in the various compartment in the intestinal tissue they can achieve the value of micro molar, plasma level are maximum at non-molar range [31]. In previous study, anthocyanin are found in animal and it is present in liver or kidney and brain [32,33]. They can decomposed partially by the micro-biota and reach to the large intestine [34,35]. Anthocyanin also have therapeutic effect in addition with antioxidant .the anthocyanin pigment like delphinidin posses some therapeutic effect and an active pharmaceutical ingredient. Delphinidin it has immunosprrsive active ingreadient and a source of antiphlogestic[36]. It is also indicate that the delphinidin and delphinidin-3-glucoside it dhow inhibitors effect on O2 scavenging activity and on the lipid peroxidation. In their specific biosynthesis pathway of the mutation of regulatory genes due to that the tomato fruit are not synthesize the pigment anthocyanin [37].

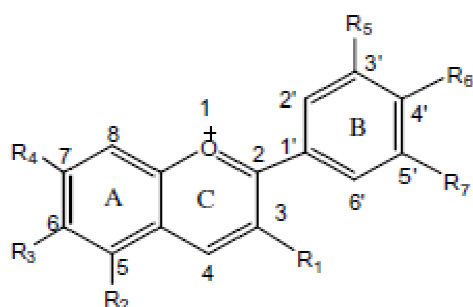


Fig.4: Basic anthocyanin structure

II) ANTIOXIDANT

Due to the presence of high content of anthocyanin, carotenoids and phenolic compound in the purple tomato posses the antioxidant activity. the activites of antioxidant inpurple tomato are either indirect or direct effrect. In decreased production of nitric acid (NO) and malondialdehyde (MDA) is a direct antioxidant effect and increased a glutathione peroxidase (Gps) and superoxide dismutase (SOD) activity in

edematous tissue. The anthocyanin show the health and therapeutic effect and it is given by many antioxidative activities. The quinodal and calcones anthocyanin are bases with a conjugated double bond attached to the keto group are scaveng free radical and efficiency antioxidant it is reported in literature [38]. For high antioxidant activity are increase by methoxylation and orthohydroxylation [39]. As compare to anthocyanin the anthocyanin has a high ORAC value. The reason is aglocane anthocyanin are very unstable and highly reactive [40]. The anthocyanidin with single suger molecules than the addition of extra suger at position C-3 in the hetrocyclic C-ring the anthocyanin has a lower antioxidant the activity of malvidin-3-glucoside that was determined by metalcatyzedlipid peroxidation model [41].

APPLICATION OF PURPLE TOMATO

I) Anti-inflammatory

The animal body any fight injuries toxins or other stress, infection due to complex response of inflammation to the immune system. The activation of inflammation pathway characterized by the released of inflammation markerfromed the injured cell surface receptor recognized the detrimental stimuli, with the activation of inflammatory pathway from the injured cell they realese the inflammatory markers. It is the process of acute inflammation, tumour necrosis, interleukins, interferon gamma, factor alpha, prostaglandins are the markers. Inflammation cell like leukocytes are recruited from the venus system to the injured tissue [42].

II) Anticancer

In a cancer prevention antiangiogenesis is the process that are use to prevent new blood vessels formation that are used to transfer oxygen to the tumor cell anthocyanin include flavonids and other phytochemical are the antiangiogenesis based in vitro and cell culture studies and cell culture studied and animal model. The key for cancer disease is angiogenesis where it is an important step in the transfer of tumour from a been extracted and isolate for their cheaking anticancer capacity on colon, breast, liver, esophagus, hematological and prostate cancer. The extract of anthocyanin pyruic and blueberry anthocyanin demonstrated anti invasive potentialin MDA MP 231 and MCF7 in both breast cancer line [43]. By acting as chemo-inhibitor the extract inhibited proliferation of cancer cell. The extract of the anthocyanin pyruvic acid show better effect in MDA MB-231, at it suggest thatestrogen receptors as a effect independent. In a studies bilberry, chocokeberry,



and grapes the supplementation of extract of rich anthocyanin. In a cancer study the human hepatoma Hep3b cell has an anti-invasive property due to less common anthocyanin source from wine [44].

III) Cardio vascular health

The studies of epidemiology show the relation between cardio system and anthocyanin rich food. As an relationship of total anthocyanin intake and risk developing these cardiovascular system related disease in vitro it also demonstrates anthocyanin an anti-thrombotic effect [45]. In a study that anthocyanin containing maize seed fed rat of eight weeks are less susceptible to ischemia reperfusion injury and relation of infarct size with increased myocardial antioxidant enzyme it is supported by an antithrombotic effect [46]. The anthocyanin rich extract bilberry and chokeberry but not elderberry possess vasorelaxation properties it is revealed by bell and Gochenaw. The consumption of anthocyanin rich strawberries for one month improves lipid profile and platelet function in healthy volunteers it is suggested by research in clinical trials [47]. The consumption of 500 mg/day of elderberry extract for 12 weeks indicates that it is ineffective in reducing the risk of cardiovascular disease in health postmenopausal women.

IV) Antimicrobial

Anthocyanin containing polyphenolic compounds possess antimicrobial activity against a microorganism with wide range. It is also able to inhibit the growth of foodborne pathogens [48]. Antimicrobial activity exhibited by anthocyanin by several mechanisms such as in it is induced cell damage by destroying cell membrane, cell wall and intracellular matrix [50]. In the previous study, the maqui berry extract had antibacterial activity with the highest sensitivity to *Listeria innocua* and *Aeromonas hydrophila* [49].

II. CONCLUSION

Due to the advanced social media platform the people are aware towards the health related information on food and nutrition level of food. The continuous increase in demand for providing food security and nutritional security particular in poor and developing nations has made researchers all around the globe think in a direction of providing cost effective source of better nutrition source and nutrient through the qualitative improvement.

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